Hours

Fitness Center Summer Hours:



Monday - Thursday 6:00am - 8:00pm

Friday 6:00am - 6:00pm

Saturday 6:00am - 12:00pm

Sunday Closed

Fitness Center Fall & Winter Hours:

Monday - Thursday 6:00am - 8:00pm

Friday 6:00am - 6:00pm

Saturday 6:00am - 12:00pm

Sunday Closed